

GUILT FREE SNACKING



YOUR BULK SUPPLIER

CHISPY

**Micro
Citirs**

HRB FOODS with years of experience, has been offering the highest quality healthy snacks to its customers in since 2021. While carefully keeping the snacking culture alive, we undertake the mission of providing our guests with natural, delicious and reliable products. At every stage of our production process, we use the most modern technologies to guarantee freshness and quality, and work in accordance with hygiene and health standards.

Bringing together traditional and innovative flavors, Four Food carries out production above sector standards with quality documents such as . (ISO22000:2018 , ISO 9001, HACCP). All our snack varieties are prepared with carefully selected ingredients and offered to you with special recipes.

%100 SERIES CHEESE BITES

DISCOVER THE PERFECT BALANCE OF BOLD CHEDDAR AND SMOKE FLAVORS IN EVERY CRUNCHY BITE. CRAFTED FROM 100% REAL CHEESE, THESE DELICIOUS SNACKS ARE PACKED WITH PROTEIN AND CALCIUM, OFFERING A WHOLESOME AND SATISFYING TREAT ANYTIME.



**CHEDDAR CHEESE
BITES**

**SMOKED CHEESE
BITES**



SMOKED CHEESE BITES



**GLUTEN
FREE**



**%51,8
PROTEIN**



**HIGH
CALSIUM**



**NO
TRANSFAT**

%100 REAL CHEESE

PRODUCT FEATURINGS

CONTAINS: LACTOSE

GTIP HS / CODE: 0406.90.69.00.00

SHELF LIFE : 365 DAY

ORIGIN: TURKIYE

Ingredients: Smoked Cheese
[Pasteurised cow's milk, Rennet,
Emulsifying salts (E330, E339, E352),
Stabiliser, (Calcium Chloride),
Smoked flavour, Salt,]

NUTRITION FACTS	PER 100 GR
Energy	587,37 Kcal / 2250,39 kJ
Carbonhydrate	5,3 (g)
Total Fat	32 (g)
Saturated Fat	19,27 (g)
Trans Fat	0
Protein	51,8 (g)
Salt	3,68 (g)
Calsium	1650 mg
Potassium	179 mg
Iron	0,98 mg
Cholestrol	0
Sugar	1,44 (g)
Dietary Fiber	0,3 g



**%100 REAL SMOKED
CHEESE**



LOGISTIC DETAILS

BOX DIMENSIONS: H: 40 CM W: 25 CM L: 40 CM

ONE BOX: 7.8 Kgs / 17,20LBS

ONE EURO PALLET: 51 BOXES / 398 KG / 877 LBS
PALLET HEIGHT: 265 CM

ONE 40FT HQ CONTAINER: 1780 BOXES (W/O PALLETS)
13.844 KGS / 30.521 LBS

ONE 20FT HQ CONTAINER: 800 BOXES (W/O PALLETS)
6240 KGS / 13.757 LBS

Price: \$29.50

CHEDDAR CHEESE BITES



**GLUTEN
FREE**



**%37,3
PROTEIN**



**HIGH
CALSIUM**



**KETO
FRIENDLY**



**NO
TRANSFAT**

PRODUCT FEATURINGS

CONTAINS: LACTOSE

GTIP HS / CODE: 0406.90.69.00.00

SHELF LIFE : 365 DAY

ORIGIN: TURKIYE

Ingredients: Cheddar Cheese [Pasteurized cow's milk, Rennet, Salt, Cheese Culture, Stabilizer (E509-Calcium Chloride), Colorant (E160a: Beta-Carotene), Preservative (E202: Potassium Sorbate)]

NUTRITION FACTS	PER 100 GR
Energy	568,77 Kcal / 2377,46 kJ
Carbonhydrate	6,73 (g)
Total Fat	43,53 (g)
Saturated Fat	30,01 (g)
Trans Fat	0
Protein	37,30 (g)
Salt	5,02 (g)
Calsium	1381 mg
Potassium	422 mg
Iron	0,63 mg
Cholestrol	149,53
Sugar	1,92 (g)
Dietary Fiber	0,44 g



**%100 REAL CHEDDAR
CHEESE**



LOGISTIC DETAILS

BOX DIMENSIONS: H: 40 CM W: 25 CM L: 40 CM

ONE BOX: 9,105 KGS / 20 LBS

ONE EURO PALLET: 51 BOXES / 465 KG / 1.025 LBS

PALLET HEIGHT: 265 CM

ONE 40FT HQ CONTAINER: 1780 BOXES (W/O PALLETS)

16.207 KGS / 35.730 LBS

ONE 20FT HQ CONTAINER: 800 BOXES (W/O PALLETS)

6240 KGS / 13.757 LBS

Price: \$29.50



Breeze Series Cheese Bites



SEAMLESSLY BLENDING OF GENUINE
CHEESE WITH THOUGHTFULLY
SELECTED NATURAL INGREDIENTS.



EACH DELIGHTFUL BITE TRANSFORMS THE ESSENCE OF
REAL CHEESE INTO A FLAVOR SYMPHONY.

Mountain Breeze
Aegean Breeze

Forest Breeze



Mountain Breeze Cheese Bites



**GLUTEN
FREE**



**%37
PROTEIN**



**HIGH
CALSIUM**



**KETO
FRIENDLY**



**NO
TRANSFAT**

PRODUCT FEATURINGS

CONTAINS: LACTOSE
GTIP HS / CODE: 0406.90.69.00.00
SHELF LIFE : 365 DAY
ORIGIN: TURKIYE

Ingredients: Parmesan Cheese
(Cow's Milk, Rennet, Salt) Basket
Cheese (Cow's Milk, Rennet, Salt)
Oregano, Basil, Rosemary, Dried
Capia Pepper



%100 REAL PARMESAN CHEESE
BASIL
ROSEMARY
CAPIA PEPPER
OREGANO

NUTRITION FACTS	PER 100 GR
Energy	499 Kcal / 2089 kJ
Carbonhydrate	18,12 (g)
Total Fat	32,65 (g)
Saturated Fat	22,6 (g)
Trans Fat	0
Protein	37,67 (g)
Salt	1,22 (g)
Calsium	1291 mg
Potassium	216 mg
Iron	1,83 mg
Cholestrol	9,48
Sugar	1,65 (g)
Dietary Fiber	8,82 g

LOGISTIC DETAILS

BOX DIMENSIONS: H: 40 CM W: 25 CM L: 40 CM

ONE BOX: 10 KGS / 22 LBS

ONE EURO PALLET: 51 BOXES / 510 KG / 1.124 LBS
PALLET HEIGHT: 265 CM

ONE 40FT HQ CONTAINER: 1780 BOXES (W/O PALLETS)
17.800 KGS / 39.242 LBS

ONE 20FT HQ CONTAINER: 800 BOXES (W/O PALLETS)
8000 KGS / 17.637 LBS



Price: \$36.25

Forest Breeze Cheese Bites



**GLUTEN
FREE**



**%36
PROTEIN**



**HIGH
CALSIUM**



**NO
TRANSFAT**

PRODUCT FEATURINGS

CONTAINS: LACTOSE
GTIP HS / CODE: 0406.90.69.00.00
SHELF LIFE : 365 DAY
ORIGIN: TURKIYE

Ingredients: Parmesan cheese
(Pasteurised cow's milk, rennet, salt),
Basket cheese (Pasteurised cow's milk,
rennet, salt), Dried Porcini mushroom,
garlic powder, onion powder.



**%100 REAL PARMESAN CHEESE
PORCINI MUSHROOMS
ONION
GARLIC**

NUTRITON FACTS	PER 100 GR
Energy	491 Kcal / 2055 kJ
Carbonhydrate	22,93 (g)
Total Fat	29,29 (g)
Saturated Fat	20,38 (g)
Trans Fat	0
Protein	36,17 (g)
Salt	1,57 (g)
Calsium	1175 mg
Potassium	244 mg
Iron	1,36 mg
Cholestrol	4,02 (g)
Sugar	2,29 (g)
Dietary Fiber	4,68 (g)



LOGISTIC DETAILS

BOX DIMENSIONS: H: 40 CM W: 25 CM L: 40 CM

ONE BOX: 10 KGS / 22 LBS

ONE EURO PALLET: 51 BOXES / 510 KG / 1.124 LBS
PALLET HEIGHT: 265 CM

ONE 40FT HQ CONTAINER: 1780 BOXES (W/O PALLETS)
17.800 KGS / 39.242 LBS

ONE 20FT HQ CONTAINER: 800 BOXES (W/O PALLETS)
8000 KGS / 17.637 LBS

Price: \$36.25

Aegean Breeze Cheese Bites



**GLUTEN
FREE**



**%34
PROTEIN**



**HIGH
CALSIUM**



**NO
TRANSFAT**

PRODUCT FEATURINGS

CONTAINS: LACTOSE
GTIP HS / CODE: 0406.90.69.00.00
SHELF LIFE : 365 DAY
ORIGIN: TURKIYE

Ingredients: Feta Cheese (Cow's Milk, Rennet, Salt) , Dried Tomato, Dried Green Olive, Black Cummin Seeds.



**%100 REAL FETA CHEESE
TOMATO
OLIVE
BLACK CUMMIN**

LOGISTIC DETAILS

BOX DIMENSIONS: H: 40 CM W: 25 CM L: 40 CM

ONE BOX: 10 KGS / 22 LBS

ONE EURO PALLET: 51 BOXES / 510 KG / 1.124 LBS
PALLET HEIGHT: 265 CM

ONE 40FT HQ CONTAINER: 1780 BOXES (W/O PALLETS)
17.800 KGS / 39.242 LBS

ONE 20FT HQ CONTAINER: 800 BOXES (W/O PALLETS)
8000 KGS / 17.637 LBS

Price: \$36.25

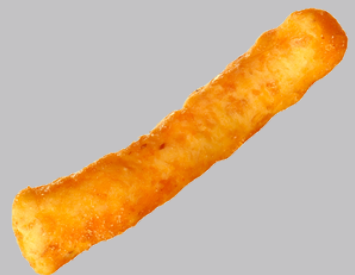
NUTRITION FACTS	PER 100 GR
Energy	517 Kcal / 2164 kJ
Carbonhydrate	17,75 (g)
Total Fat	35,82 (g)
Saturated Fat	21,75 (g)
Trans Fat	0
Protein	34,3 (g)
Salt	2,38 (g)
Calsium	1018 mg
Potassium	362 mg
Iron	1,31 mg
Cholestrol	17,4 mg
Sugar	3,71 (g)
Dietary Fiber	6,38 (g)





CORN STICKS

**Since, this delicious and nutritious snack is made with only the finest Corn Kernels.
Providing with you perfect balance of flavors and crunchy texture.**



NACHOS CORN STICKS



**GLUTEN
FREE**

**NO
MSG**



**NO
TRANSFAT**



**100%
VEGAN**

PRODUCT FEATURINGS

SHELF LIFE: 365 DAYS

GTIP/ HS CODE: 2008.99.85.00.00

ORIGIN: TURKIYE

Ingredients: Corn, Sunflower Oil, Nachos Seasoning: (Natural Sweeteners, Acidity Regulator (Citric Acid), Yeast Extract, Hydrolyzed Vegetable Protein, Sugar, Salt, Maltodextrin, Paprika (Coloring)).



NUTRITION FACTS	PER 100 GR
Energy	433 Kcal / 1811 kJ
Carbonhydrate	73,8 (g)
Total Fat	11,69 (g)
Saturated Fat	1,54 (g)
Trans Fat	0
Protein	5,12 (g)
Salt	1,7 (g)
Calsium	7,43 mg
Potassium	231 mg
Iron	1,43 mg
Sugar	1,44 (g)
Dietary Fiber	4,72 (g)

**MADE FROM
%100 CORN KERNELS**



LOGISTIC DETAILS

BOX DIMENSIONS: H: 14 CM W: 33 CM L: 55 CM

ONE BOX: 5,4 KGS / 11,9 LBS

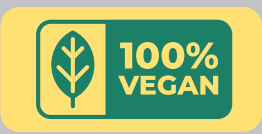
ONE EURO PALLET: 84 BOXES / 454 KG / 1.000 LBS
PALLET HEIGHT: 265 CM

ONE 40FT HQ CONTAINER: 2836 BOXES (W/O PALLETS)
15.314,4 KGS / 39.242 LBS

ONE 20FT HQ CONTAINER: 1200 BOXES (W/O PALLETS)
6.480 KGS / 17.637 LBS

Price: \$4.20

RANCH CORN STICKS



PRODUCT FEATURINGS

SHELF LIFE: 365 DAYS
GTIP/ HS CODE: 2008.99.85.00.00
ORIGIN: TURKIYE

INGREDIENTS: Corn, Sunflower Oil, Ranch Seasoning: (Natural sweeteners, Maltodextrin Salt, Sugar, Acidity Regulators: (Sodium Diacetate, Citric Acid) , Corn starch, Acacia gum)



NUTRITION FACTS	PER 100 GR
Energy	433 Kcal / 1811 kJ
Carbonhydrate	73,91 (g)
Total Fat	12,15 (g)
Saturated Fat	1,62 (g)
Trans Fat	0
Protein	4,79 (g)
Salt	2,58 (g)
Calsium	12,45 mg
Potassium	222 mg
Iron	1,62 mg
Sugar	1,92 (g)
Dietary Fiber	4,54 (g)

**MADE FROM
%100 CORN KERNELS**



LOGISTIC DETAILS

BOX DIMENSIONS: H: 14 CM W: 33 CM L: 55 CM

ONE BOX: 5,4 KGS / 11,9 LBS

ONE EURO PALLET: 84 BOXES / 454 KG / 1.000 LBS
PALLET HEIGHT: 265 CM

ONE 40FT HQ CONTAINER: 2836 BOXES (W/O PALLETS)
15.314,4 KGS / 39.242 LBS

ONE 20FT HQ CONTAINER: 1200 BOXES (W/O PALLETS)
6.480 KGS / 17.637 LBS

Price: \$4.20

SRIRACHA CORN STICKS



**GLUTEN
FREE**

**NO
MSG**



**NO
TRANSFAT**



**100%
VEGAN**

PRODUCT FEATURINGS

SHELF LIFE: 365 DAYS

GTIP/ HS CODE: 2008.99.85.00.00

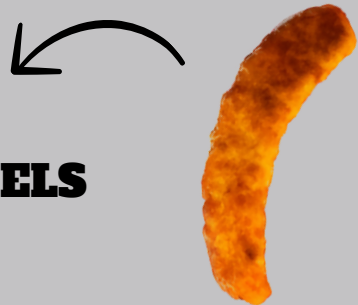
ORIGIN: TURKIYE

INGREDIENTS: Corn, Sunflower Oil, Sriracha Seasoning: [Natural Spices: (Garlic Powder, Red Pepper Powder), Acidity Regulator: (Citric Acid, Sodium Diacetate) , Sugar, Salt, Maltodextrin, Coloring: (Paprika)]



NUTRITION FACTS	PER 100 GR
Energy	433 Kcal / 1809 kJ
Carbonhydrate	73 (g)
Total Fat	12,71 (g)
Saturated Fat	1,52 (g)
Trans Fat	0
Protein	4,34 (g)
Salt	2,82 (g)
Calsium	20,56 mg
Potassium	256 mg
Iron	1,43 mg
Sugar	1,95 (g)
Dietary Fiber	4,48 (g)

**MADE FROM
%100 CORN KERNELS**



LOGISTIC DETAILS

BOX DIMENSIONS: H: 14 CM W: 33 CM L: 55 CM

ONE BOX: 5,4 KGS / 11,9 LBS

ONE EURO PALLET: 84 BOXES / 454 KG / 1.000 LBS
PALLET HEIGHT: 265 CM

ONE 40FT HQ CONTAINER: 2836 BOXES (W/O PALLETS)
15.314,4 KGS / 39.242 LBS

ONE 20FT HQ CONTAINER: 1200 BOXES (W/O PALLETS)
6.480 KGS / 17.637 LBS

Price: \$4.20

PLAIN CORN STICKS



**GLUTEN
FREE**

**NO
MSG**



**NO
TRANSFAT**



**100%
VEGAN**

PRODUCT FEATURINGS

SHELF LIFE: 365 DAYS

GTIP/ HS CODE: 2008.99.85.00.00

ORIGIN: TURKIYE

INGREDIENTS: Corn



NUTRITION FACTS	PER 100 GR
Energy	385 Kcal / 1608 kJ
Carbonhydrate	80,29 (g)
Total Fat	3,53 (g)
Saturated Fat	0,72 (g)
Trans Fat	0
Protein	5,84 (g)
Salt	0,003(g)
Calsium	0 mg
Potassium	253 mg
Iron	1,52 mg
Sugar	0 (g)
Dietary Fiber	4,27 (g)



**MADE FROM
%100 CORN KERNELS**



LOGISTIC DETAILS

BOX DIMENSIONS: H: 14 CM W: 33 CM L: 55 CM

ONE BOX: 5 KGS / 11 LBS

ONE EURO PALLET: 84 BOXES / 420 KG / 926 LBS
PALLET HEIGHT: 252 CM

ONE 40FT HQ CONTAINER: 2836 BOXES (W/O PALLETS)
14.180 KGS / 31.262 LBS

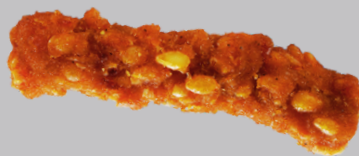
ONE 20FT HQ CONTAINER: 1200 BOXES (W/O PALLETS)
6.000 KGS / 13.228 LBS

Price: \$4.20



SESAME STICKS

**Extremely delicious, pack with nutrition , high in protein.
Your best cracker experience ever.**



SALTED SESAME STICKS



**%12,3
PROTEIN**

**NO
MSG**



**NO
TRANSFAT**



**100%
VEGAN**

PRODUCT FEATURINGS

Contains Gluten and Sesame.

SHELF LIFE: 365 DAYS

GTIP/ HS CODE: 1905.90.55.00.00

ORIGIN: TURKIYE

Ingredients: Enriched Wheat Flour (Unbleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Barley Flour, Anhydrous Vegetable Oil (Sunflower), Sesame, Bulgur wheat, Salt, Beet Powder (Color), Turmeric (Color).



NUTRITION FACTS	100 gr
Energy	466,86 kCal /1951,47 Kj
Carbohydrate	58,71 (g)
Total Fat	20,04 (g)
Saturated Fat Acids	3,73 (g)
Trans Fat Acids	0
Protein	12,30 (g)
Salt	3,2 (g)
Calsium	38 mg
Potassium	241 mg
Iron	4,5 mg
Cholestrol	0
Sugar	1,44 (g)
Dietary Fiber	1,23 g

**%12,3 PROTEIN
MADE WITH SESAME**



LOGISTIC DETAILS

BOX DIMENSIONS: H: 14 CM W: 33 CM L: 55 CM

ONE BOX: 6,8 KGS / 15 LBS

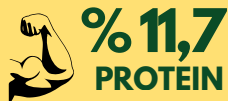
ONE EURO PALLET: 84 BOXES / 571 KG / 1259 LBS
PALLET HEIGHT: 252 CM

ONE 40FT HQ CONTAINER: 2836 BOXES (W/O PALLETS)
19.285 KGS / 42.517 LBS

ONE 20FT HQ CONTAINER: 1200 BOXES (W/O PALLETS)
8.160 KGS / 17.990 LBS

Price: \$3.85

CARAMEL SESAME STICKS



**% 11,7
PROTEIN**

**NO
MSG**



**NO
TRANSFAT**



**100%
VEGAN**

PRODUCT FEATURINGS

Contains Gluten and Sesame.

SHELF LIFE: 365 DAYS

GTIP/ HS CODE: 1905.90.55.00.00

ORIGIN: TURKIYE

Ingredients: Enriched Wheat Flour (Unbleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Barley Flour, Anhydrous Vegetable Oil (Sunflower), Sesame, Bulgur wheat, Salt, Caramelized Beet Sugar, Beet Powder (Color), Turmeric (Color).



NUTRITION FACTS	Per 100 gr
Energy	587,37 Kcal / 2250,39 kJ
Carbohydrate	47,38 (g)
Total Fat	32,95 (g)
Saturated Fat Acids	7,36 (g)
Trans Fat Acids	0
Protein	11,70 (g)
Salt	2,7 (g)
Calsium	68,3 mg
Potassium	171,9 mg
Iron	2,7 mg
Cholestrol	0
Sugar	10,54 (g)
Dietary Fibers	2,75 g

**%11,7 PROTEIN
MADE WITH SESAME**



LOGISTIC DETAILS

BOX DIMENSIONS: H: 14 CM W: 33 CM L: 55 CM

ONE BOX: 8,3 KGS / 18,3 LBS

ONE EURO PALLET: 84 BOXES / 697 KG / 1537 LBS
PALLET HEIGHT: 252 CM

ONE 40FT HQ CONTAINER: 2836 BOXES (W/O PALLETS)
23,538 KGS / 51.893 LBS

ONE 20FT HQ CONTAINER: 1200 BOXES (W/O PALLETS)
9.960 KGS / 21.958 LBS

Price: \$3.95